

7F's Review of Stubbers' Adventure Centre

Form 7F went to Stubbers' Adventure Centre in Upminster for a team building day on Monday 29th September 2014. During the day we went Bell Boating, Kayaking, Wall Climbing and took part in an Archery activity.

We loved the team building day because we learned lots of new information about members of our year group. We enjoyed participating in activities we wouldn't normally experience as it taught us new skills such as how to aim or how to improve our balance. We learnt how to work as a team which is important as it quickly became evident that by working together we could achieve more and complete task quicker, which is something that will help us when completing group work in lessons at school.

We also learned to be patient and supportive of each other as it was a much nicer experience when we helped each other than arguing with each other.

Overall, we felt that by the end of the day we had made new friends and had some new interests that we would like to carry on outside of school.

